7:00 PM

Moderator – *Lonnie Beachy*

Songs – *Jonathon Hochstetler*

7:15 PM

Pastoral Genetics – *Steve Miller*

Therefore, be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. Eph. 5:1-2

We've all seen it; "Like father, like son!" Genetics depict family features that exist in our DNA. As Christ loved us, so we should imitate God and love one another. Our shepherding ought to resemble the love and forgiveness of the Good Shepherd. Exercising the power-walk of love will help us be conformed to the image of His Son.

8:00 PM

Snacks and informal fellowship

Saturday, January 22, 2022

9:00 AM

Moderator – *Paul A. Miller*

Songs – *Jonathon Hochstetler*

Inspiration -

9:30 AM

Pastoral Transparency – *Laban Kauffman*

For at one time you were darkness, but now you are light in the Lord. Walk as children of light, (for the fruit of light is found in all that is good and right and true), and try to discern what is pleasing to the Lord. Eph. 5:8-10

Darkness cannot exist in the presence of light. *"Walk as children of light"* is a call to transparent living. When a pastor exposes every area of his life to Light of God's Word in full view of the congregation, they too are empowered to try to discern what is pleasing to the Lord. This power-walk discipline builds confidence between flock and shepherd pastor.

10:15 AM

Break

11:00 AM

Pastoral Effectiveness – *Steve Miller*

Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore, do not be foolish, but understand what the will of the Lord is. Eph. 5:15-17

Bi-vocational pastors share a common dilemma – they serve double duty between ministry and their day job, plus the added responsibilities of the care of their home. The demands of these multiple priorities make time of the essence. The instruction to *"make the most of every opportunity"* (NIV) applies aptly and requires wisdom to use time effectively. This time sensitive power-walk requires our vigilant attention and discipline to maintain optimum efficiency while maintaining each important area of pastoral life.

11:45

Dismissal and lunch

SAVE THE DATE:
Seventh Annual ADC Assembly
January 27 - 28, 2023

ANABAPTIST DISCIPLES OF CHRIST

SIXTH ANNUAL

ADC ASSEMBLY

PROGRAM

PASTORAL FITNESS

January 21 – 22, 2022

SHERATON INN PITTSBURG AIRPORT
1160 Thorn Run Road
Coraopolis, Pennsylvania 15108

Pastoral Fitness

"If you put these things before the brothers, you will be a good servant of Christ Jesus, being trained in the words of faith and of the good doctrine..., train yourself for godliness, for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come." 1 Timothy 4:6-8

We live in a health-conscious world. Regular exercise, proper nutrition, and adequate rest boosts our health and improves our quality of life. We avoid junk foods, fizzy drinks, and add supplements to our diets to detox our bodies and become stronger. While taking care of our bodies is helpful in this life, spiritual fitness has eternal value. This is particularly important for Pastors.

In his first letter to Timothy, the Apostle Paul emphasizes that while outward bodily disciplines may have their benefits, it is inner Spiritual fitness that produces Godliness. He prescribes a rigorous, 5-step walking regimen in Ephesians 4 and 5 that builds our "Pastoral Fitness." This power-walking plan develops our inner controls, stretches our relational interactions, and strengthens our vertical connections with God. This workout requires strength, persistence and perseverance! But *"a crown of righteousness"* is laid up for those who endure.

Friday, January 21, 2022

2:00 PM

Welcome – *James Yoder*

Songs – *Jonathon Hochstetler*

Introduction and inspiration – *James Yoder*

2:30 PM

Pastoral Demeanor – *Bill Mullet*

I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, eager to maintain the unity of the Spirit in the bond of peace. Ephesians 4:1-3

As pastors we have a high calling to demonstrate Christ's power at work within our lives. Exercise fanatics often flaunt their physical conditioning to make others feel inferior. By contrast, to *"walk worthy of the calling"* is to be graced with humility, gentleness, patience, and love through Spiritual conditioning. This power-walk shows the power of Christ within us and promotes unity and peace among those we serve

3:15 PM

Break and Fellowship

4:15 PM

Pastoral Vulnerability – *Laban Kauffman*

Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds. They are darkened in their understanding, alienated from the life of God because of the ignorance that is in them, due to their hardness of heart. They have become callous and have given themselves up to sensuality, greedy to practice every kind of impurity. Ephesians 4:17-19

It is easy for pastors to hide behind a façade that shields the real you. But "real" shepherds walk in full view at the front of their flocks. Our people do not expect our every step to be perfect. They expect authenticity, the real you. Walking with such openness requires personal vulnerability. Imperfect pastors with imperfect lives are real because this speaks of their own redemption and grace. The vulnerable pastor's power walk can connect us in a real way to those under our care.

4:15 PM

Ladies Session: Supporting in Vulnerability and Transparency – *Kay Martin*

Now this I say and testify in the Lord, that you must no longer walk as the Gentiles do, in the futility of their minds. For at one time you were darkness, but now you are light in the Lord. Walk as children of light, (for the fruit of light is found in all that is good and right and true), and try to discern what is pleasing to the Lord. Eph. 4:17a; 5:8-10

A pastor and his family live in a glass house---like it or not. "PK's" often react to this vulnerability and perceived higher standard for their pastor's home. Mothers who are at peace and embrace their role as a pastor's wife will invite her children to embrace their father's call as well. It also opens a door of opportunity to minister effectively to other women in the congregation. This power-walk can be strenuous, but it is refreshingly energizing for those who live there.

5:00 PM

Dinner and fellowship